

25th & 26th
November
9am - 3pm

REFRM
DYNAMIC PILATES

STUDIO OPEN WEEKEND

The Official Studio Launch Event

CELEBRATE WITH

- FREE 30 Minute Taster Class*
- FREE Glass of Fizz
- FREE Health Shots
- WIN a ten-class pack worth £130
- Exclusive Discounts
- Demonstrations
- Goodie Bag
- Advice and Support



LOCATION:

Refrm Dynamic Pilates
Rooksnest Farm
Weston Road
Stevenage
SG1 4DE



*Must be booked in advance

CONTACT US :

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REFRM

DYNAMIC PILATES

REFRM PILATES OFFERS AN EXCLUSIVE
BOUTIQUE STUDIO SPACE WITH A
WELCOMING AND SUPPORTIVE VIBE

ALL ages and ability
levels very welcome